



For menus and nutrition info, visit MealViewer.com or download the app. Click to go to the website.

MealViewer

Menus are subject to change!

We do our best to provide our customers with all our planned options, however occasionally weather, crops, and supplies have other ideas!

Daily Lunch Includes

Hot Entrée,
Variety of Seasonal Fruits
Fresh, Cupped & Dried & Unflavored Milk Choice

Low Fat 1% White
Fat Free Skim

Monday	Tuesday	Wednesday	Thursday	Friday
11 Chicken Broccoli Penne Alfredo w/ Roll Carrot & Celery Dippers Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	12 Beef or Pork Taco Fiesta Refried Beans Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	13 Boneless Wings & Roll Steamed Broccoli Florets Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	14 Grilled Cheese Sandwich Spiced Carrots Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	15 Cheese or Pepperoni Pizza Steamed Corn Kernels Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
18 Grilled Hamburger on Bun Sweet Potato Fries Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	19 Cheesy Bread Marinara Sauce Cup Santa Fe Black Beans Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	20 Chicken Nuggets & Roll Crinkle Crispy Fries Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	21 Teriyaki Beef Dippers w/ Rice Steamed Broccoli Florets Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	22 Cheese or Pepperoni Pizza Baby Carrot Dippers Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk
25 Pepperoni Calzone Marinara Sauce Cup Carrot & Celery Dippers Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	26 Mozzarella Cheese Bites Tuscan Sauce Fiesta Refried Beans Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	27 Popcorn Chicken Potato Bowl w/ Chicken Gravy Cupped or Dried Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	28 Sliced Beef & Broccoli w/ Ramen Noodles Steamed Broccoli Florets Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk	29 Cheese or Pepperoni Pizza Baby Carrot Dippers Seasonal Fresh Fruit Unflavored 1% Low-Fat <u>or</u> Fat-Free Skim Milk